



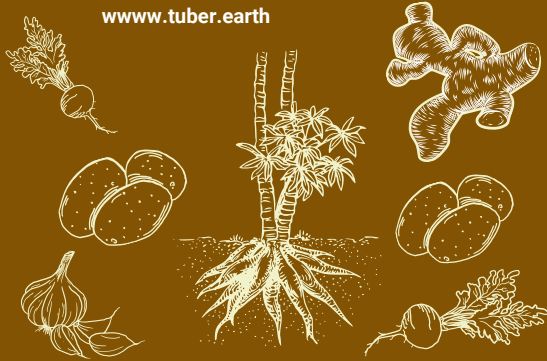
# "Tuber: Nature's Superfood"

Nourishing Communities, Sustaining Lives



www.tuber.earth

www.nisargasutra.earth



## JOIDA TUBER MELA 2024



## WHAT ARE "TUBERS" ?

Tubers are thickened, fleshy, underground stems or roots that store nutrients for plants. They serve as energy reserves, allowing the plant to survive adverse conditions and regrow when favorable conditions return. Tubers are commonly used as a storage organ for various plants.

Tubers play a crucial role in global food security, providing a reliable & resilient food source in many regions and contributing to the livelihoods of farmers.

## TYPES OF TUBERS

### Tuberous roots



Cassava

Tuberous roots are thickened roots that store nutrients for plants

### Stem Tubers



Potato

Swollen structures that develop from the stem of certain plants

### Rhizomes



Ginger

Rhizomes are underground stem structures with nodes and internodes

### Bulbs



Garlic

They comprise layers of fleshy leaves encircling an underground stem

### Corms



Taro

Very similar to tuber but they have a part called basal plate

Kali Tourism Association

Kali Farmers Producer Co.

Taluka Kunabi Samaj  
Abhivruddhi Sangha



Tuber.earth



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## WHO ARE WE



[www.tuber.earth](http://www.tuber.earth)



[www.nisargasutra.earth](http://www.nisargasutra.earth)



[www.tamhini.earth](http://www.tamhini.earth)

## WHAT WE DO

We cannot live without food; it is the main source of proteins, vitamins, minerals, and carbohydrates. Consumability, safety, and taste are the primary criteria for any and every edible food. But in reality, this order is exactly opposite, which endangers our life in the present scenario. The compelling nexus of demand is taking the basic food cycle and the food growers onto a backfoot. We, **Nisargasutra**, are pioneering work in this field of food security, intending to make safe and nutritious food a part of the modern human diet and lifestyle. **Our mission at large is to explore the otherwise unexplored world of tubers, wild vegetables, mushrooms, millets, medicinal plants, and many other nutritious sources of food.** We are also focused on preserving the balance of ecosystems, especially in the **Western Ghats**, a crucial water source for India. With the participation of scientists and nature enthusiasts, we collect data and aim to find sustainable solutions for ecological and economic systems, emphasizing the importance of harmony in nature. Join us to make a positive impact on the environment and explore the wonders of nature.

## HOW CAN YOU CONNECT

**Join Nisargasutra** in our collective effort for a cause that extends beyond the **tuber festival**. Be a part of **our mission for sustainable development, ensuring food security, implementing end-to-end supply chain solutions for tribal communities, and promoting nutritional benefits.** Your involvement can make a lasting impact on these critical aspects, contributing to a healthier and more secure future for all. Let's work together towards positive change, addressing broader issues that affect our communities and the environment.

**Collaborate:** Unleash your expertise! We are looking forward to employ and collaborate with **individuals or organizations, Scientists and Researchers from all streams, Students, Self help groups, Community initiatives.**

**TOGETHER, LET'S SOW THE SEEDS OF CHANGE, CULTIVATE AWARENESS, AND HARVEST A FUTURE WHERE TUBERS THRIVE, NOT ONLY IN OUR FIELDS BUT ALSO AS A STAPLE IN OUR DIETS.**

**Contact us to make a meaningful impact today!**

@ [teamnisargasutra@gmail.com](mailto:teamnisargasutra@gmail.com)

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### Social Media

